

Beth Harkins Aldridge, Commissioner

Beth Harkins is a physical therapist and Commissioner representing the employee interest of the Mississippi Workers' Compensation Commission. She attended Mississippi State University from 1995 to 1997, and received her Bachelors of Science in Physical Therapy from the University of Mississippi School of Health Related Professions in 1999.

She has been a licensed practicing physical therapist for almost 18 years in a variety of health care settings including outpatient clinics, hospitals, long-term care and skilled nursing rehab facilities, assisted and independent living facilities, and school systems. She was appointed by Governor Phil Bryant in 2013 to the Mississippi State Board of Health and served until 2015, when she went on to serve in her current position as Commissioner at the Mississippi Workers' Compensation Commission.