

Cheryl Gray

Cheryl Gray is Industrial/Organizational Psychology doctoral student with a passion for learning, growing, and helping others. She is conducting leading research on workplace stress. She focuses her research on the phenomenon of “Unhelpful Support.” Her research includes the behaviors and communication styles that contribute to, and more importantly, alleviate stress in the work place. She is pursuing her PhD in Psychology at the University of South Florida, where she is a research assistant. She has her undergraduate degree in Psychology and Business Administration from USF, as well.