

Curriculum Vitae
Lyall J. Ashberg, M.D

Current Address: Atlantis Orthopaedics
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Registration Details: FL Medical License: ME 84409
IL Medical License: 036.139327
Health Professions Council of South Africa (HPCSA): MP 0688002
BHF/Practice Number: 028 000 0427039

Education: American Hip Institute, Hinsdale IL
Hip preservation fellowship under Dr. Benjamin Domb
February 2016 to August 2016

Nemours Children's Clinic, Jacksonville FL.
Pediatric Orthopaedic fellowship under Dr. R.J. Cummings
August 2002 to July 2003

University of Florida, Jacksonville campus
Orthopaedic Surgery Residency
July 1997 to June 2002

University of Texas Health Science Center
San Antonio, TX
Medical School
Graduation with honors: M.D. 1997

University of Texas
BA, Psychology – May 199
Minor in Zoology/Physiology

Work Experience: Atlantis Orthopaedics
Private Practice
Palm Beach, FL
October 2016 until present

Hip Preservation Fellowship
American Hip Institute
Hinsdale, IL
February 2016 until August 2016.

Ashberg Specialty Orthopaedics
Private Practice
Netcare Blaauwberg Hospital, Cape Town, South Africa
June 2011 until January 2016

Red Cross, War Memorial Children's Hospital, Cape Town, South Africa
Sessional Consultant in Paediatric Orthopaedics
July 2012 until June 2013

Orthopaedic Specialist Consultant
Worcester Hospital, Western Cape, South Africa
March 2010 until May 2011

Solo Private Practice
Orthopaedic Specialists of Brevard, PA, Melbourne, FL
Pediatric Orthopaedics
September 2004 until February 2010

Adjunct Professor, Department of Trauma
Orthopaedic Trauma, Holmes Regional Medical Centre, Melbourne, FL
University of Florida
September 2004 to September 2007

Associate Professor Pediatric Orthopaedics
Department of Surgery, Division of Orthopaedics
Nemours Children's Clinic, Jacksonville, FL
Jacksonville, FL
August 2003 to August 2004

Board Certification: ABOS Recertification: August 2016
American Board of Orthopaedic Surgery (ABOS): July 2006,
Orthopaedic Specialist, South Africa, HPCSA May 2011

Awards Space Coast Humanitarian Award for medical relief effort in Haiti, 2010
A.O.A. Honor society, 1997

Extra-Curricular Haiti Relief effort: Brevard, Florida Medical Team, January 2010.
C.A.M.P. (Children's Association for Maximum Potential):1996
A.S.A.P. (Adolescent Substance Abuse Prevention) President/Mentor 1993- 1997

Research:

Publications

- Hip Arthroscopic Surgery With Labral Preservation and Capsular Plication in Patients With Borderline Hip Dysplasia: Minimum 5-Year Patient-Reported Outcomes: Response.
Ashberg L, Charharbakhshi EO, Perets I, Yuen LC, Walsh JP, Domb BG.
Am J Sports Med. 2019 Mar;47(4)
- Clinical Outcomes After Hip Arthroscopy for Patients With Rheumatoid Arthritis: A Matched-Pair Control Study With Minimum 2-Year Follow-Up.
Ashberg L, Yuen LC, Close MR, Perets I, Mohr MR, Chaharbakhshi EO, Domb BG.
Arthroscopy. 2019 Feb;35(2):434-442. doi: 10.1016/j.arthro.2018.08.054. Epub 2019 Jan 4
- Do Femoral Head Osteochondral Lesions Predict a Poor Outcome in Hip Arthroscopy Patients? A Matched Control Study With Minimum 5-Year Follow-Up.
Ashberg L, Close MR, Perets I, Chaharbakhshi EO, Walsh JP, Mohr MR, Domb BG.
Arthroscopy. 2019 Feb;35(2):419-431. doi: 10.1016/j.arthro.2018.08.053. Epub 2019 Jan 4.
- Hip Arthroscopy in Patients Ages 50 Years or Older: Minimum 5-Year Outcomes, Survivorship, and Risk Factors for Conversion to Total Hip Replacement.
Perets I, Chaharbakhshi EO, Mu B, **Ashberg L**, Battaglia MR, Yuen LC, Domb BG.
Arthroscopy. 2018 Nov;34(11):3001-3009. doi: 10.1016/j.arthro.2018.05.034. Epub 2018 Oct 6.
- Hip Arthroscopy for Femoroacetabular Impingement and Labral Tears in Patients Younger than 50 Years: Minimum Five-year Outcomes, Survivorship, and Risk Factors for Reoperations.
Perets I, Chaharbakhshi EO, Shapira J, **Ashberg L**, Mu BH, Domb BG.
J Am Acad Orthop Surg. 2019 Feb 15;27(4):e173-e183. doi: 10.5435/JAAOS-D-17-00258.
- Patient-Reported Outcomes of Capsular Repair Versus Capsulotomy in Patients Undergoing Hip Arthroscopy: Minimum 5-Year Follow-up-A Matched Comparison Study.
Domb BG, Chaharbakhshi EO, Perets I, Walsh JP, Yuen LC, **Ashberg LJ**.
Arthroscopy. 2018 Mar;34(3):853-863.e1. doi: 10.1016/j.arthro.2017.10.019. Epub 2018 Jan 17.

- Hip Arthroscopic Surgery With Labral Preservation and Capsular Plication in Patients With Borderline Hip Dysplasia: Minimum 5-Year Patient-Reported Outcomes.
Domb BG, Chaharbakhshi EO, Perets I, Yuen LC, Walsh JP, **Ashberg L**.
Am J Sports Med. 2018 Feb;46(2):305-313. doi: 10.1177/0363546517743720. Epub 2017 Dec 21.
- Outcomes of Hip Arthroscopy in Adolescents: A Comparison of Acute Versus Chronic Presentation. Two-Year Minimum Follow-up.
Ashberg L, Walsh JP, Yuen LC, Perets I, Chaharbakhshi EO, Domb BG.
J Pediatr Orthop. 2018 Feb;38(2):e50-e56. doi: 10.1097/BPO.0000000000001094.
- Clinical Outcomes and Return to Sport in Competitive Athletes Undergoing Arthroscopic Iliopsoas Fractional Lengthening Compared With a Matched Control Group Without Iliopsoas Fractional Lengthening.
Perets I, Hartigan DE, Chaharbakhshi EO, **Ashberg L**, Mu B, Domb BG.
Arthroscopy. 2018 Feb;34(2):456-463. doi: 10.1016/j.arthro.2017.08.292. Epub 2017 Nov 3.
- Intraoperative Infiltration of Liposomal Bupivacaine vs Bupivacaine Hydrochloride for Pain Management in Primary Total Hip Arthroplasty: A Prospective Randomized Trial.
Perets I, Walsh JP, Mu BH, Yuen LC, **Ashberg L**, Battaglia MR, Domb BG.
J Arthroplasty. 2018 Feb;33(2):441-446. doi: 10.1016/j.arth.2017.09.013. Epub 2017 Sep 20.
- Do Ligamentum Teres Tears Portend Inferior Outcomes in Patients With Borderline Dysplasia Undergoing Hip Arthroscopic Surgery? A Match-Controlled Study With a Minimum 2-Year Follow-up.
Chaharbakhshi EO, Perets I, **Ashberg L**, Mu B, Lenkeit C, Domb BG.
Am J Sports Med. 2017 Sep;45(11):2507-2516. doi: 10.1177/0363546517710008. Epub 2017 Jun 21.
- A Method for Capsular Management and Avoidance of Iatrogenic Instability: Minimally Invasive Capsulotomy in Hip Arthroscopy.
Forster-Horvath C, Domb BG, **Ashberg L**, Herzog RF.
Arthrosc Tech. 2017 Apr 3;6(2):e397-e400. doi: 10.1016/j.eats.2016.10.015. eCollection 2017 Apr.
- Outcomes of Hip Arthroscopy in Competitive Athletes.
Perets I, Hartigan DE, Chaharbakhshi EO, **Ashberg L**, Ortiz-Declat V, Domb BG.
Arthroscopy. 2017 Aug;33(8):1521-1529. doi: 10.1016/j.arthro.2017.03.006. Epub 2017 May 12.
- Does Bony Regrowth Occur After Arthroscopic Femoroplasty in a Group of Young Adolescents?
Perets I, Gupta A, Chaharbakhshi EO, **Ashberg L**, Hartigan DE, Close MR, Domb BG.
Arthroscopy. 2017 May;33(5):988-995. doi: 10.1016/j.arthro.2017.01.023. Epub 2017 Mar 13.
- Arthroscopic Iliopsoas Release: Letter to the Editor.
Ashberg LJ, Perets I, Domb BG.
Am J Sports Med. 2016 Oct;44(10):NP48-NP49

Scientific Presentations

- **Ashberg L.**, Close MR, Perets I, Chaharbakhshi EO, Walsh JP, Domb BG. Podium Presentation. “Do Femoral Head Osteochondral Lesions Predict a Poor Outcome in Hip Arthroscopy Patients? A Matched Control Study with Minimum 5-year Follow-up.” *International Society for Hip Arthroscopy*, October 2017
- **Ashberg, LJ**, Close MR, Perets I, Chaharbakhshi EO, Walsh JP, Domb BG. Podium Presentation. Clinical Outcomes After Hip Arthroscopy for Patients with Rheumatoid Arthritis: A Matched-Pair Control Study with Minimum Two-Year Follow-Up, *International Society for Hip Arthroscopy*, October 2017
- Domb BG, Chaharbakhshi EO, Perets I, Close MR, Walsh JP, **Ashberg L.** Podium Presentation. “Patient Reported Outcomes of Capsular Repair versus Capsulotomy in Patients Undergoing Hip Arthroscopy: Minimum 5-year Follow-up. A Matched Cohort Study.” *International Society for Hip Arthroscopy*, October 2017
- Domb BG, Chaharbakhshi EO, Perets I, Yuen, L, Walsh JP, **Ashberg L.** Poster Presentation. “Hip Arthroscopy with Labral Preservation and Capsular Plication in Patients with Borderline Hip Dysplasia: Minimum 5-year Patient Reported Outcomes.” *International Society for Hip Arthroscopy*, October 2017
- **Ashberg L.**, Close MR, Perets I, Chaharbakhshi EO, Walsh JP, Domb BG. Podium Presentation. “Do Femoral Head Osteochondral Lesions Predict a Poor Outcome in Hip Arthroscopy Patients? A Matched Control Study with Minimum 5-year Follow-up.” *South African Orthopaedic Association Annual Meeting*, September 2017
- Domb BG, Chaharbakhshi EO, Perets I, Yuen, L, Walsh JP, **Ashberg L.** Podium Presentation. “Hip Arthroscopy with Labral Preservation and Capsular Plication in Patients with Borderline Hip Dysplasia: Minimum 5-year Patient Reported Outcomes.” *South African Orthopaedic Association Annual Meeting*, September 2017
- Domb BG, Chaharbakhshi EO, Perets I, Close MR, Walsh JP, **Ashberg L.** Podium Presentation. “Patient Reported Outcomes of Capsular Repair versus Capsulotomy in Patients Undergoing Hip Arthroscopy: Minimum 5-year Follow-up. A Matched Cohort Study.” *South African Orthopaedic Association Annual Meeting*, September 2017
- **Ashberg, LJ**, Close MR, Perets I, Chaharbakhshi EO, Walsh JP, Domb BG. Podium Presentation. Clinical Outcomes After Hip Arthroscopy for Patients with Rheumatoid Arthritis: A Matched-Pair Control Study with Minimum Two-Year Follow-Up, *South African Orthopaedic Association Annual Meeting*, September 2017
- **Ashberg L.**, Walsh JP, Close MR, Perets I, Chaharbakhshi EO, Domb BG. Podium Presentation. Outcomes of Hip Arthroscopy in Adolescents: A Comparison of Acute vs. Chronic Labral Tears. Two Year Minimum Follow-Up. *South African Orthopaedic Association Annual Meeting*, September 2017
- **Ashberg L.**, Walsh JP, Close MR, Perets I, Chaharbakhshi EO, Domb BG. Podium Presentation. Outcomes of Hip Arthroscopy in Adolescents: A Comparison of Acute vs. Chronic Labral Tears. Two Year Minimum Follow-Up. *Pediatric Orthopaedic Society of North America, Barcelona*, May, 2017

- Domb BG, Chaharbakhshi EO, Walsh JP, **Ashberg L**, Close MR, Perets, I. Podium Presentation. Hip arthroscopy for the treatment of labral tears and/or femoro-acetabular impingement in patients younger than 50 years old: minimum five-year outcomes, survivorship, and risk factors for reoperation. *Israel Orthopaedic Association Annual Meeting*, Tel Aviv, Israel, November 2016.
- Domb BG, Chaharbakhshi EO, Walsh JP, **Ashberg L**, Close MR, Perets, I. Poster Presentation. Hip arthroscopy for the treatment of labral tears and/or femoro-acetabular impingement in patients younger than 50 years old: minimum five-year outcomes, survivorship, and risk factors for reoperation. *Mid-American Orthopaedic Association Annual Meeting*, Amelia Island, Florida, April 2017.
- **Ashberg L**, Walsh JP, Close MR, Perets I, Chaharbakhshi EO, Domb BG. Podium Presentation. Outcomes of Hip Arthroscopy in Adolescents: A Comparison of Acute vs. Chronic Labral Tears. Two Year Minimum Follow-Up. *Mid-American Orthopaedic Association Annual Meeting*, Amelia Island, Florida, April 2017.
- Domb BG, Close MR, Perets I, Chaharbakhshi EO, Walsh JP, **Ashberg L**. Podium Presentation. Clinical Outcomes After Hip Arthroscopy for Patients with Rheumatoid Arthritis: A Matched-Pair Control Study with Minimum Two-Year Follow-Up. *Mid-American Orthopaedic Association Annual Meeting*, Amelia Island, Florida, April 2017.
- **Ashberg L**, Perets I, Close MR, Chaharbakhshi EO, Walsh JP, Domb BG. ePoster Presentation. Hip problems mimicking gynecologic pathology. Case report and review: Hip as a source of groin pain. *European Hip Society Annual Meeting*, Munich, Germany, September 2016.
- Domb BG, Chaharbakhshi EO, Walsh JP, **Ashberg L**, Close MR, Perets, I. Poster Presentation. Patient Reported Outcomes of Capsular Repair versus Capsulotomy in Patients Undergoing Hip Arthroscopy: Minimum 5 Year Follow Up. A Matched Cohort Study. *Mid-American Orthopaedic Association Annual Meeting*, Amelia Island, Florida, April 2017.
- **Ashberg L**, Walsh JP, Close MR, Perets I, Chaharbakhshi EO, Domb BG. Podium Presentation. Outcomes of Hip Arthroscopy in Adolescents: A Comparison of Acute vs. Chronic Labral Tears. Two Year Minimum Follow-Up. *American Academy of Orthopaedic Surgeons Annual Meeting*, San Diego, CA, March 2017.
- **Ashberg L**, Close MR, Perets I, Walsh JP, Chaharbakhshi EO, Domb BG. ePoster. The Hip Spine Connection: How To Differentiate Hip Conditions From Those Masquerading As Spine Pathology. A Review Article. *International Society for Hip Arthroscopy Annual Meeting*, San Francisco, CA, September 2016.
- **Ashberg L**, Walsh JP, Close MR, Perets I, Chaharbakhshi EO, Domb BG. ePoster. Outcomes of Hip Arthroscopy in Adolescents: A Comparison of Acute vs. Chronic Labral Tears. Two Year Minimum Follow-Up. *International Society for Hip Arthroscopy Annual Meeting*, San Francisco, CA, September 2016.
- Hartigan DE, Perets I, Kang R, Close MR, Walsh JP, **Ashberg L**, Domb BG. ePoster. Clinimetric Data On Patient Reported Outcomes For Hip Preservation Surgery: Review Of The Literature. *International Society for Hip Arthroscopy Annual Meeting*, San Francisco, CA, September 2016.

- Perets I, Gupta A, Chaharbakhshi EO, **Ashberg L**, Hartigan DE, Domb BG. ePoster. Does The Femoral Cam Lesion Regrow After Arthroscopic Femoroplasty In The Skeletally Immature Patient With An Open Femoral Head Physis? Radiographic Review And Clinical Outcomes With Minimum Two-Year Follow-Up. *International Society for Hip Arthroscopy Annual Meeting*, San Francisco, CA, September 2016.
- Perets I, **Ashberg L**, Chaharbakhshi EO, Walsh JP, Close MR, Domb BG. ePoster. Outcomes Of Capsular Plication In Athletes Undergoing Hip Arthroscopy With Minimum Two Year Follow-Up. *International Society for Hip Arthroscopy Annual Meeting*, San Francisco, CA, September 2016.
- Perets I, **Ashberg L**, Chaharbakhshi EO, Walsh JP, Close MR, Domb BG. ePoster. Clinical Outcomes and Return to Sport in Competitive Athletes Undergoing Iliopsoas Fractional Lengthening as a Part of Hip Arthroscopy – Minimum 2 Year Follow-Up. *International Society for Hip Arthroscopy Annual Meeting*, San Francisco, CA, September 2016.
- Domb BG, Chaharbakhshi EO, Close MR, Walsh JP, **Ashberg L**, Perets I. Podium Presentation. Mid-term outcomes and survivorship of hip arthroscopy for the treatment of labral tears and/or femoro-acetabular impingement. *European Hip Society Annual Meeting*, Munich, Germany, September 2016.
- Domb BG, Chaharbakhshi EO, Walsh JP, **Ashberg L**, Close MR, Perets I. Podium Presentation. Hip arthroscopy for the treatment of labral tears and/or femoro-acetabular impingement in patients aged 50 years or older: minimum five-year follow-up. *European Hip Society Annual Meeting*, Munich, Germany, September 2016.
- Domb BG, Chaharbakhshi EO, Walsh JP, **Ashberg L**, Close MR, Perets, I. Podium Presentation. Hip arthroscopy for the treatment of labral tears and/or femoro-acetabular impingement in patients younger than 50 years old: minimum five-year outcomes, survivorship, and risk factors for reoperation. *European Hip Society Annual Meeting*, Munich, Germany, September 2016.
- Perets I, Hartigan DE, Chaharbakhshi EO, **Ashberg L**, Gupta A, Domb BG. Podium Presentation. Does the femoral cam lesion regrow after arthroscopic femoroplasty in the skeletally immature patient with an open femoral head physis? Radiographic review and clinical outcomes with minimum two-year follow-up. *European Hip Society Annual Meeting*, Munich, Germany, September 2016.
- Perets I, Hartigan DE, Chaharbakhshi EO, **Ashberg L**, Close MR, Domb BG. Podium Presentation. Clinical outcomes of iliopsoas fractional lengthening in competitive athletes undergoing hip arthroscopy - minimum 2 year follow-up. *European Hip Society Annual Meeting*, Munich, Germany, September 2016

Medical Societies: American Academy of Orthopaedic Surgery (AAOS)
 Pediatric Orthopaedic Society of North America (POSNA)
 International Society for Hip Arthroscopy (ISHA)
 South African Orthopaedic Association (SAOA)
 South African Paediatric Orthopaedic Society (SAPOS)
 South African Society for Hip Arthroscopy (SASHA)

