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# Justin K. Spooner, M.D.

#### **EDUCATION AND TRAINING:**

7/2012 – 4/2013	Indiana University Pain Medicine Fellowship
7/2011- 7/2012	Indiana University Child and Adolescent Psychiatry Fellowship
7/2010- 7/2011	Johns Hopkins Hospital Child and Adolescent Psychiatry Fellowship
10/2007-10/2010	Tulane University Adult Psychiatry Residency
7/2006-10/2007	Tulane University Triple Board Program completed internship in pediatrics then transferred to categorical adult psychiatry.
7/2002-7/2006	State University of New York at Buffalo School of Medicine Awarded Medical Doctorate with research honors.
	Awarded Medical Doctorate with research honors.
9/1999-5/2002	University of Rochester undergraduate training Awarded BS Neuroscience and BA in Psychology Magna Cum Laude.
9/1998-5/1999	Academic scholarship to Alfred University in Alfred, NY. GPA 4.0
1998	McQuaid Jesuit High School in Rochester, New York

### **BOARD CERTIFICATIONS:**

Board Certified American Board of Adult Psychiatry and Neurology	02/2013
Board Certified American Board of Child and Adolescent Psychiatry and Neurology	09/2014
Board Certified American Board Pain Medicine	04/2015
Board Certified American Board Addiction Medicine	10/2016
Board Eligible American Board of Preventative Medicine	04/2017

#### LICENSURE:

Current: Florida State Medical License ME115625 Expiration: 1/31/2019

Past: Indiana, Maryland, Louisiana

No history of sanctions, malpractice suits, or denial of privilege by any organization or hospital.

National Provider Identification: 1720269459

DEA: FS1147429

Certified Suboxone prescriber Since 2011

Advanced Cardiac Life Support Certified exp: 2018

USMLE ID 5-141-954-7 AAMC: 11235828

#### **WORK EXPERIENCE: PAIN MEDICINE**

### Owner/Physician, Beaches Laser Spine and Pain

August 2016-Present

Jacksonville, Florida

- Successfully opened two offices in the Jacksonville area. Responsibilities include all aspects of the medical practice, including management, marketing, billing, patient development, etc.
- The pain management practice provides a range of services for adult and pediatric patients suffering from chronic and debilitating pain. Patient care includes review of the patient's medical history, liaison with treating physicians, and ordering diagnostic tests to diagnose, and determining a viable treatment plan.
- Treatment plans are determined based on the patient's diagnoses, age, prior treatment, mental state, biopsychosocial health and many other factors. The treatment plans often include medicinal management and counseling, interventional procedures, including epidurals, facet joint injection and radiofrequency ablations. In some cases, the patient's treatment may include bone marrow aspiration concentrate therapy, vertebral augmentation, intrathecal pump therapy, neuromodulation, or regional nerve blocks, which I perform at 2 local hospitals or the ambulatory surgery center.

## Owner/Psychiatrist, Beaches Behavioral Medicine

August 2016 - Present

Jacksonville, Florida

- The practice is managed in connection with Beaches Laser Spine and Pain.
- Psychiatric services are focused on the needs of children with autism and pain disorders such as abdominal pain, ankylosing spondylitis, sickle cell disease, or complex regional pain syndrome using psychotherapy, meditation, relevant diagnostic studies and medication optimization while working with their pediatrician and other medical specialists.

# **Medical Director, CORA Physical Therapy and Rehabilitation**October 2016- present Jacksonville Beach, Florida

- Oversee clinical practice and review protocols quarterly for therapy center.

## **Director/Physician, Tampa Pain Relief dba Surgery Partners**August 2014 - August 2016 Jacksonville, Florida

- Solo practitioner at the Jacksonville office
- Responsibilities included staffing and performing as the sole physician for the company in the Jacksonville market.
- Treatment included comprehensive evaluation and both medical and interventional treatments for all painful adult conditions.

## **Director of Pain Management /Integrated Surgical**Jacksonville, Florida

February 2014 – August 2014

- A multidisciplinary practice with neurosurgery, orthopedic surgery, physical therapy and neurology.
- I was hired to perform evaluations and all interventional pain services

## **Director of Pain Management /EMed Mulitspecialty**Jacksonville, Florida

March 2013 – February 2014

- Responsibilities included psychiatric care and interventional pain medicine
  - After becoming board certified by the American Board of Pain Medicine my position changed clinic director. The clinic specialized in the non-opiate management of chronic pain for adult patients.

#### **ADDITIONAL EXPERIENCE**

2011-2012	Transferred from Johns Hopkins Hospital to Indiana University to gain further experience with interventional pain management. I spent four days weekly in the adult and the pediatric pain medicine centers assisting in all procedures and clinics prior to beginning my pain fellowship.
2011-2012	Worked throughout the year in the Riley Hospital Pediatric Pain Clinic as well as the Pediatric Addictions Clinic. Performed elective months in the Pediatric Spasticity and Neurology Clinic.
2010-2011	Worked as a Consultation-Liaison Psychiatrist for Pediatric Hematology and Oncology services and shadowed Johns Hopkins Pain Medicine Service.
2007-2011	Trained extensively in Addiction Psychiatry at Tulane Hospital and provided assisted with pain management as a consultation-liaison psychiatrist.

INTERVENTIONAL PROCEDURES performed under fluoroscopic or ultrasound guidance:

Sacroiliac joint injection Sacroiliac Simplicity III Radiofrequency Ablation spine and joint

Epidural injections Stellate Ganglion Celiac Plexus

Facet joint injections Lumbar Plexus Lateral Femoral Cutaneous Nerve

Greater Occipital Nerve Discography Botox for spasticity and migraine

Peripheral joint injection TMJ Injection Sphenopalatine Ganglion Injection

Piriformis Injection IDET Epidural Adhesiolysis

MRI and XRAY Interpretation

Kyphoplasty Pelvic injection: Ilioinguinal, genitofemoral, PFCN, Ganglion Impar

Regenerative medicine: Platelet Rich Plasma (PRP) and Bone Marrow Aspirate (BMAC)

Spinal Cord Stimulation Trial and Implantation

Intrathecal Medication Trial and pump Implantation

Percutaneous Partial Discectomy (Hydrocision)

#### **PSYCHIATRY EXPERIENCE:**

2016 – Present Beaches Behavioral Medicine

2016- Present Chief psychiatrist for SEDNET child advocacy organization. I provide

consultation and care for patients deemed inappropriate for residential care due to severe disability, violence, or failure to improve with prior

inpatient and outpatient care.

2015- Present Chief psychiatrist Daniel Kids/ Daniel Memorial Foundation.

Largely charitable work, I provide 24/7 coverage of all admissions,

behavioral incidents, medical concerns, and medical/legal dispute for the 38 bed inpatient child psychiatry hospital, attend fundraising events, and continue to function as the interim medical director for the organization.

July 2014- 2015 Medical Director Daniel Memorial Foundation providing psychiatric care

to youth from throughout the state of Florida. Manage a 26 bed residential program and over 2000 children in the outpatient clinic. Treatment included evaluation and psychiatric treatment as well as coordinating case management, therapy, and social support services for

children and family.

2014 Lead Child Psychiatrist at Duval Department of Juvenile Justice providing

psychiatric assessment and treatment for detained youth.

2012-2013 Indiana	Contracted adult/child psychiatrist at Meridian Mental Health Services specializing in developmentally delayed children, autism, foster children. 240 N Tillotson Ave, Muncie, IN 47304 Supervisor: Robert Coles e-mail: Bob.Coles@meridianhs.org Phone: (765) 288-1928 website: meridiansc.org
2011-2012	Completed my Child Psychiatry training while simultaneously working as an Interventional Pain fellow. I worked in the Adolescent Addiction clinic, Sarkine Autism Clinic, Riley Hospital Pediatric Pain Clinic, and Indiana University Undergraduate at Student Health.
2010-2011	Child Psychiatry Fellow at Johns Hopkins Hospital specializing in the treatment of individuals with addiction disorders, mood disorders, and developmental disabilities.
May-July, 2010	Interim Director of Psychiatric Services at Leonard J. Chabert Louisiana Hospital in Houma, Louisiana. 1978 Industrial Boulevard Houma, LA 70363 Medical Director: Dr. Michael Garcia Phone: (985)873-2200
2007-2010 Louisiana	Moonlighting psychiatrist at Leonard J. Chabert hospital in Houma, providing psychiatric services for the 25 bed acute inpatient psychiatric unit, the emergency department, and the consultation-liaison service.
2008-2010	Moonlighting physician at Southeast Louisiana Hospital in Mandeville, Louisiana providing psychiatric and emergency medical services for 200 acute and chronic psychiatric inpatients.  23515 Hwy 190 PO Box 3850 Mandeville, LA 70470
2007-2010	Adult Psychiatry Residency. Continuity clinic with adults and college students in psychotherapy with Dynamic Therapy, Cognitive Behavioral Therapy, Insight-Oriented Therapy, and Family Therapy.
2006-2007	Triple Board Internship. Provided medical and psychiatric care in the wake of Hurricane Katrina.

#### **CONFERENCES/WORKSHOPS ATTENDED/PRESENTED/SPOKEN:**

#### 2017

- Video blog on pain management: pelvic pain, interstitial cystitis, fibromyalgia, neck pain, back pain, headache, regenerative medicine, and neuropathy episodes
- August: News4Jax WJXT4 3 episode series on Addiction Medicine and Treatments
- August: Action News Jax- "responsible cannabis prescribing to decrease opiate usage"

#### 2016

- July 2016 Hosted first annual "Run To Wellness 5k" raising \$12,000.00 for Daniel Kids and promoting mental health and responsible pain medicine. Also appeared on New4Jax River City Live television show to promote the run and discuss both Daniel Kids and Beaches Behavioral Medicine.
- The Buzz radio and television appearance to discuss responsible prescribing and addressing concurrent mental illness and pain.
- October Hosted "Pain in the Pelvis: Solving Chronic Pelvic Pain" along with Smart Body Physical Therapy discussing Ganglion Impar, Genitofemoral, and Ilioinguinal Neuralgia
- Florida Society Interventional Pain Physicians annual conference

#### 2015

Keynote 2015 SEDNET Conference "Appropriate pharmacology in children and adolescents" 2014

UF Primary Care Pain and Addiction Conference

Hydrocision percutaneous discectomy cadaver workshop

Attended ISIS annual conference

Attended ASIPP annual conference in New Orleans

Attended FSIPP Chronic Opioid and Pain Management annual conference, practicum, and seminar

Attended Neurotherm Cadaver workshop for advanced training on Kyphoplasty, Simplicity III, and geniculate nerve RFA.

Lecturer at Brooks Rehabilitation Hospital

#### 2013

Attended North American Neuromodulatrion Society NANS conference

Presented Anesthesia Grand Rounds "An approach to Pediatric Pain"

Attended the Medtronic Graduating Fellows Worksh

Attended American Society of Regional Anesthesia and Pain Medicine (ASRA) national conference.

Attended the St Jude and Medtronic cadaver implant workshops

2012

Attended ASIPP national conferences

Attended Boston Scientifics Spinal Cord Stimulator cadaver workshop

#### 2011

Attended the ISIS Comprehensive BIO-Skills Cadaver workshop on cervical and thoracic epidural Injections

Attended the ISIS National Convention in Chicago, Illinois

#### **PROFESSIONAL ORGANIZATIONS:**

- 1. American Medical Association- 2002-2016
- 2. American Psychiatric Association- member since 2005
- American Child and Adolescent Association of Psychiatry- member since 2006
- 4. International Spine Intervention Society (ISIS)- member since 2011
- 5. American Society of Interventional Pain Physicians (ASIPP)- member since 2011
- 6. The American Pain Society (APS)- member since 2010
- 7. Florida Society of Interventional Pain Physicians- Member since 2013
- 8. Jacksonville Psychiatric Society- member since 2013

#### **RESEARCH EXPERIENCE:**

- 2013 Guest lecturer on Genetic Screening for Psychiatry and Pain Management for Soothe Pharmacy.
- 2012 Submitted for publication a literature review article on the use of STX209

  Arbaclofen for treating aggression and altered social functioning in patient's with Autism.
- 2011 Reviewer for Journal of Pediatric Psychology with Dr Eric Scott PhD
- 2006 Graduated Research Honors State University of New York at Buffalo School of Medicine
- 2005 Thomas Detre Summer Research Fellowship. Worked with Dr Boris Birmaher, M.D. at the University of Pittsburgh validating a functional disability rating scale for children with Bipolar Disorder.
- 2003 Summer Research Fellowship. Worked with Dr. Lois Arend, Ph.D. at the University of Rochester, NY. I worked on the design of antisense oligonucleotide sequences to investigate the role of Sphingosine-1-Kinase in kidney organogenesis. The results were later published in an article: Smac3, a Novel Smac/DIABLO Splicing Variant, Attenuates the Stability and Apoptosis-inhibiting Activity of X-linked Inhibitor of Apoptosis Protein. <a href="https://doi.org/10.278/">The Journal of Biological Chemistry</a>. Vol. 278, No. 52, Issue of December 26, pp. 52660-52672, 2003

- 2002 Summer Research Fellowship. Worked with Dr. Scott Brady, Ph.D. at Southwestern University in Dallas, TX. I examined the molecular mechanism underlying axonal transport of sodium channels in neurons.
- 2001 Summer Research Fellowship. Worked with Dr. Michael Miller, Ph.D. at Upstate Medical University in Syracuse, NY. I investigated the role of SRC Family Kinase in early brain myelination using TUNEL staining of wild-type and Fyn knockout mice. My research was published in a rapid communication in the <u>Journal of Neuroscience</u>.

#### 1999-2002

Neuroscience major at the University of Rochester in Rochester, New York. Worked with Dr. Howard Federoff, Ph.D. studying the effects of overexpressing Nerve Growth Factor in mice learning.

2011	Recognized for excellence in patient care by Riley Hospital Sarkin Autism Center.
2010	Received 5 patient recommendations for the excellence in patient care award and received personal recognition by Johns Hopkins Hospital CEO
2009	Educational Outreach Award for General Psychiatry Resident
2009	American Academy of Child and Adolescent Psychiatry Outstanding General Psychiatry Resident Award
2008	Owl Club excellence in medical student education award
2006	General Pediatrics Resident of the month
2006	Graduated Medical School with Research Honors
2005	APA travel grant, Dr Thomas Detre research fellowship award

#### OTHER NOTABLE ACCOMPLISHMENTS:

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2017	Editorial Board Pain Physician
2016	Organized Beaches Laser Spine "Run to Wellness 5k" with proceeds
	benefitting Daniel Kids NPO
2015	Donna Foundation Marathon to benefit breast cancer research, Keynote
	speaker for SEDNET annual conference on child trauma and responsible
	psychiatry.
2014	Tough Mudder, Habitat for Humanity, BFAST triathalon top 10 finisher.
2013	Very Proud father
2012	Completed several sprint triathalon races
2011	Completed St Jude Marathon
2010	Published fun New Orleans cuisine article for the national academy of
	adult psychiatrists that was published in several journals:
	www.http://pn.psychiatryonline.org/content/45/4/20.1.full
2008-2010	Participated in 6 Olympic triathlons and 3 marathons

Captain of Tulane psychiatry volleyball team
Captain in weekly sailing regatta and annual Leukemia Cup Regatta
Active member of New Orleans Habitat for Humanity
Established a sustainable clothing drive for psychiatric inpatients at
DePaul hospital in New Orleans, LA.
Established free weekly dental, medical, clothing services for psychiatric
patients at DePaul hospital in New Orleans, LA
Pediatric Advanced Life Support (PALS) instructor

#### **Medical School Activities**

2004-2006	Volunteer at the Lighthouse refugee medical clinic
2004-2006	Co-founder of medical supply recycling program- sent 3 tons of used but
	functional medical supplies abroad.
2004-2005	American Medical Student Association- President of Buffalo chapter

#### **Undergraduate Activities**

2001-2002	Senior Class Council (elected social chair)
2001-2002	Neuroscience council (Vice President)
2000-2002	Alpha Phi Omega community service fraternity
2000-2002	Golden Key Honor Society
2000-2002	Rescue squad EMT, UR PEACE co-founder, habitat for humanity,
	intramural tennis, ski club.

### **REFERENCES:**

1. Raul A. Rhodas, D.O. Neurosurgeon Integrated Surgical 904-281-0400 <a href="mailto:rhodas56@aol.com">rhodas56@aol.com</a>

- 2. Paul S. Baxt, M.D. Orthopedic Surgeon Integrated Surgical 904-281-0400 psbmd@hotmail.com
- 3. Kenneth Powell, M.D. Interventionalist at Coastal Spine Phone: 904-710-4612
- 4. Alan Miller, M.D. Interventionalist at Coastal Spine Phone: 904-321-6500
- 5. Todd Mclarin CEO Integrated Surgical

Phone: 904-993-8485

- Rene Pulido, M.D. President Emed Primary Care rpulido@emedprimarycare.com 904-629-3484
- 7. David Dunn, M.D. Indiana Child Fellowship Program Director ddunn@iupui.edu Phone: 317-944-8162
- 8. Andrea Trescot, M.D. Former President ASIPP <a href="mailto:drtrescot@gmail.com">drtrescot@gmail.com</a>
- 9. Eric Scott Ph.D. Director of Riley Pediatric Pain Clinic <a href="mailto:erlscott@iupui.edu">erlscott@iupui.edu</a> Phone: 317-274-8162
- 10. Craig Erickson MD Director of Riley Autism Clinic Crericks@iupui.edu Phone: 317-944-8164
- 11. Kelda Walsh MD Assistant Professor Child Psychiatry kewalsh@iupui.edu Phone: 317-944-8162
- 12. Brian Paquette, M.D. Interventional Pain and Spine <a href="mailto:btpaquette@gmail.com">btpaquette@gmail.com</a> Phone: 516-909-5995
- 13. Albert Singh, M.D. Interventional Pain and Spine agsingh@umail.edu Phone: 317-966-3155
- 14. Bob Coles Jr., LCSW VP Clinical Services. Meridian Services Corp bob.coles@meridianhs.org
- 15. George Grove, M.D. Director Psychiatry Chabert Hospital georgeinhouma@yahoo.com 504-432-7093
- Orlando Florette, M.D. President Florida Society Intervention Pain Physicians, Interventional Pain oflorete@theipm.com
- 17. Bao Pham, M.D. President/CEO Spine Care- Interventional Pain Bpham904@gmail.com

PROCEDURE LOGS AND PERFORMANCE REVIEWS AVAILABLE UPON REQUEST.