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HEATHER H. DOUGLAS is a principal with Manier & Herod practicing litigation and specializing in workers' compensation. Ms. Douglas received her Bachelor of Arts, magna cum laude, from the University of Tennessee, Knoxville. She obtained her Juris Doctor from the University of Tennessee College of Law where she served as Student Materials Editor for the Tennessee Law Review. She is the co-author of the third edition of Tennessee Workers' Compensation and served as Materials Editor for the fourth editions of the publication.

Ms. Douglas is a member of the American Bar Association, the Tennessee Bar Association, the Nashville Bar Association, the Defense Research Institute, the Tennessee Defense Lawyers Association, and the Mid-South Workers' Compensation Association. She currently serves on the Board of Directors and co-editor for the Tennessee Defense Lawyers Association, and is a former liaison for the Tennessee Bar Association's Bench/ Bar Committee. She is a member of the Workers' Compensation Institute and is an annual presenter at the Workers' Compensation Educational Conference. Ms. Douglas has been appointed as Vice-Chair to the Workers' Compensation and Employers' Liability Law Committee of the American Bar Association's Tort Trial & Insurance Practice Section since 2016. Ms. Douglas has been named a Mid-South Super Lawyers Rising Star for the workers' compensation practice area from 2013-2017.

Her current practice focuses on workers' compensation defense and insurance litigation throughout Tennessee.

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