

MANIER & HEROD

150 4th Avenue North, Suite 2200
Nashville, Tennessee 37219
Main: (615) 244-0030
Fax: (615) 242-2403



JOHN W. BARRINGER JR. is a principal with Manier & Herod, practicing in workers' compensation defense. He received his Bachelor of Arts and Juris Doctor degrees from the University of Mississippi. Prior to joining Manier & Herod, John served as Assistant District Attorney of the 21st Judicial District and Lead Prosecutor for the 21st Judicial District Drug and Violent Crime Task Force.

Mr. Barringer is a Past President of the Tennessee Defense Lawyers Association. He is a member of the Tennessee Bar Association, the National Bar Association, the American Bar Association, the Mid-South Workers' Compensation Association Nashville Chapter, and Tennessee Self-Insurers' Association. Mr. Barringer has developed a specialty in the new area of Medicare Set Asides. He also is a Charter Member of the National Association of Medicare Set Aside Professionals and serves on its National Legislative Committee.

Telephone: (615) 742-9345 | Email: jbarringer@manierherod.com